

# Contemplative Prayer Form

(Second Sunday in Lent - Year C)



The Liturgy Letter

*Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful ( ✚ = Cross   ✚ = Invitatory bead   ◇ = Cruciform bead   ● = Weeks bead).*

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## Scripture Reading: Luke 13:31-35 (NIV)

At that time some Pharisees came to Jesus and said to him, “Leave this place and go somewhere else. Herod wants to kill you.”

He replied, “Go tell that fox, ‘I will keep on driving out demons and healing people today and tomorrow, and on the third day I will reach my goal.’ In any case, I must press on today and tomorrow and the next day—for surely no prophet can die outside Jerusalem!

“Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing. Look, your house is left to you desolate. I tell you, you will not see me again until you say, ‘Blessed is he who comes in the name of the Lord.’”

## Scripture Prayer:

✚ The Lord is full of compassion and mercy. Come, let us adore him.

✚ O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, forever and ever. Amen.

◇ The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life...

-Psalm 27:1

- **Repeat Seven Times:**

...of whom shall I be afraid?  
-Psalm 27:1b

- ◇ One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord all the days of my life, to gaze on the beauty of the Lord and to seek him in his temple. For in the day of trouble...  
-Psalm 27:4-5a

- **Repeat Seven Times:**

...he will keep me safe in his dwelling  
-Psalm 27:5b

- ◇ ...he will hide me in the shelter of his sacred tent and set me high upon a rock. Then my head will be exalted above the enemies who surround me; at his sacred tent I will sacrifice with shouts of joy...  
-Psalm 27:5b-6a

- **Repeat Seven Times:**

I will sing and make music to the Lord...  
-Psalm 27:6b

- ◇ Hear my voice when I call, Lord; be merciful to me and answer me. My heart says of you, "Seek his face!"  
-Psalm 27:7-8a

- **Repeat Seven Times:**

Your face, Lord, I will seek.  
-Psalm 27:8b

- ◇ Do not hide your face from me, do not turn your servant away in anger; you have been my helper. Do not reject me or forsake me, God my Savior.  
-Psalm 27:9

✝ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all evermore. Amen.

### **Silence and Intercessions**