

Contemplative Prayer Form

Twenty-Third Sunday after Pentecost Year B



Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✚ = Cross ● = Invitatory bead ◇ = Cruciform bead ● = Weeks bead).

Scripture Reading: Luke 21:5-19 (NIV)

Some of his disciples were remarking about how the temple was adorned with beautiful stones and with gifts dedicated to God. But Jesus said, “As for what you see here, the time will come when not one stone will be left on another; every one of them will be thrown down.”

“Teacher,” they asked, “when will these things happen? And what will be the sign that they are about to take place?” He replied: “Watch out that you are not deceived. For many will come in my name, claiming, ‘I am he,’ and, ‘The time is near.’ Do not follow them. When you hear of wars and uprisings, do not be frightened. These things must happen first, but the end will not come right away.”

Then he said to them: “Nation will rise against nation, and kingdom against kingdom. There will be great earthquakes, famines and pestilences in various places, and fearful events and great signs from heaven.

“But before all this, they will seize you and persecute you. They will hand you over to synagogues and put you in prison, and you will be brought before kings and governors, and all on account of my name. And so you will bear testimony to me. But make up your mind not to worry beforehand how you will defend yourselves. For I will give you words and wisdom that none of your adversaries will be able to resist or contradict. You will be betrayed even by parents, brothers and sisters, relatives and friends, and they will put some of you to death. Everyone will hate you because of me. But not a hair of your head will perish. Stand firm, and you will win life.

Scripture Prayer:

✝ Worship the Lord in the beauty of holiness. Come, let us adore him

☼ Blessed Lord, who caused all holy Scriptures to be written for our learning: Grant that we may hear, read, mark, learn, and inwardly digest them, that we may hold fast to the blessed hope of everlasting life, which you have given us in Jesus Christ. Amen.

◇ O sing to the Lord a new song, for he has done marvelous things. His right hand and his holy arm have gotten him victory.

-Psalm 98:1

- **Repeat Seven Times:**

The Lord has made known his victory.

-Psalm 98:2a

◇ ...he has revealed his vindication in the sight of the nations. He has remembered his steadfast love and faithfulness to the house of Israel.

-Psalm 96:2b-3a

- **Repeat Seven Times:**

All the ends of the earth have seen the victory of our God.

-Psalm 98:3b

◇ Make a joyful noise to the Lord, all the earth; break forth into joyous song and sing praises.

-Psalm 98:4

- **Repeat Seven Times:**

Sing praises to the Lord...

-Psalm 98:5a

◇ Let the sea roar, and all that fills it; the world and those who live in it. Let the floods clap their hands; let the hills sing together for joy at the presence of the Lord...

-Psalm 98:7-8

- **Repeat Seven Times:**

See, I will create new heavens and a new earth. The former things will not be remembered, nor will they come to mind...

-Isaiah 65:17

◇ Stand firm, and you will win life.

-Luke 21:19

- ☼ *The Lord's Prayer*

✝ Praise Father, Son, and Holy Spirit. Amen.