## **Contemplative Prayer Form**

# Seventeenth Sunday of Trinitytide



Note: This is for individual or small group use. It is intended to be a form of contemplative "Lectio Divina" based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with <u>Anglican Prayer Beads</u> for those who might find a tactile expression to be helpful ( # = Cross  $\bigcirc$  = Invitatory bead $\bigcirc$  = Cruciform bead  $\bigcirc$  = Weeks bead  $\bigcirc$ .

### Scripture Reading: Luke 17:5-10 (NIV)

The apostles said to the Lord, "Increase our faith!"

He replied, "If you have faith as small as a mustard seed, you can say to this mulberry tree, 'Be uprooted and planted in the sea,' and it will obey you.

"Suppose one of you has a servant plowing or looking after the sheep. Will he say to the servant when he comes in from the field, 'Come along now and sit down to eat'? 8 Won't he rather say, 'Prepare my supper, get yourself ready and wait on me while I eat and drink; after that you may eat and drink'? 9 Will he thank the servant because he did what he was told to do? 10 So you also, when you have done everything you were told to do, should say, 'We are unworthy servants; we have only done our duty.'"

### **Scripture Prayer:**

- The earth is the Lord's for he made it. Come, let us adore him.
- Almighty God, you are always more ready to hear than we are to pray and to give more than we either desire or deserve. Pour upon us the abundance of your mercy...through the merits and mediation of Jesus Christ our Savior. Amen.

- "See, the enemy is puffed up; his desires are not upright—but the righteous person will live by his faithfulness—
  - -Habakkuk 2:4

### • Repeat Seven Times:

- ...his compassions never fail.
- -Lamentations 3:22b
- ♦ Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.
  - -Lamentations 3:22-23

## • Repeat Seven Times:

- "The Lord is my portion; therefore I will wait for him."
- -Lamentations 3:24
- The Lord is good to those whose hope is in him, to the one who seeks him; it is good to wait quietly for the salvation of the Lord.
  - -Lamentations 3:25-26

#### • Repeat Seven Times:

Trust in the Lord and do good...

- -Psalm 37:3a
- ♦ Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.
  - -Psalm 37:7

### • Repeat Seven Times:

Refrain from anger and turn from wrath...

Psalm 37:8a

- ...fan into flame the gift of God... For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline...Guard the good deposit that was entrusted to you—guard it with the help of the Holy Spirit who lives in us.
  - -2 Timothy 1:6-7, 14
  - The Lord's Prayer
  - ♣ All praise be to God, the blessed and only Ruler, the King of kings and Lord of lords, who alone is immortal and who lives in unapproachable light, whom no one has seen or can see. To him be honor and might forever. Amen.

#### Silence + Intercessions

Let us commend ourselves, and all for whom we pray, to the mercy and protection of God:

Father, guide your Church in this place and around the world. Increase our faith and guide us toward unity, through the ministry of your Holy Spirit...

Jesus, your faithfulness enables us to remain faithful to you. Help us to guard the gifts entrusted to us, and set our hearts to desire your Kingdom and learn your ways...

Holy Spirit, increase in us love and self-discipline. Teach us to suffer well...

Lord, rescue the weak and the needy...

For kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness.

For families and friends, for all who have asked for our prayers and who pray for us...

Lord, we thank you for the gifts you have given us...

Lord, keep us faithful to the apostles' teaching and fellowship, unite us in prayer, the breaking of the bread, and simplicity of heart. Bring us with your saints to glory everlasting, in Jesus Christ our Lord.

Amen.