

Contemplative Prayer Form

(5th Sunday of Trinitytide - Year C)



The Liturgy Letter

Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✚ = Cross ◉ = Invitatory bead ⚡ = Cruciform bead ● = Weeks bead).

Scripture Reading: Luke 10:25-37 (NIV)

On one occasion an expert in the law stood up to test Jesus. “Teacher,” he asked, “what must I do to inherit eternal life?”

“What is written in the Law?” he replied. “How do you read it?”

He answered, “‘Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind’; and, ‘Love your neighbor as yourself.’”

“You have answered correctly,” Jesus replied. “Do this and you will live.”

But he wanted to justify himself, so he asked Jesus, “And who is my neighbor?”

In reply Jesus said: “A man was going down from Jerusalem to Jericho, when he was attacked by robbers. They stripped him of his clothes, beat him and went away, leaving him half dead. A priest happened to be going down the same road, and when he saw the man, he passed by on the other side. So too, a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him. The next day he took out two denarii and gave them to the innkeeper. ‘Look after him,’ he said, ‘and when I return, I will reimburse you for any extra expense you may have.’”

“Which of these three do you think was a neighbor to the man who fell into the hands of robbers?”

The expert in the law replied, “The one who had mercy on him.”

Jesus told him, “Go and do likewise.”

Scripture Prayer:

✝ Worship the Lord in the beauty of holiness. Come, let us adore him.

☼ Grant that we may know and understand what things we ought to do, and may also have grace and power faithfully to accomplish them. Amen.

◇ I trust in you; do not let me be put to shame, nor let my enemies triumph over me. No one who hopes in you will ever be put to shame, but shame will come on those who are treacherous without cause.

-Ps. 25:2-3

- **Repeat Seven Times:**

In you, Lord my God, I put my trust.

-Psalm 25:1

◇ Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long. Remember, Lord, your great mercy and love, for they are from of old.

-Psalm 25:5-6

- **Repeat Seven Times:**

Show me your ways, Lord, teach me your paths.

-Psalm 25:4

◇ Do not remember the sins of my youth and my rebellious ways; according to your love remember me, for you, Lord, are good.

-Psalm 25:7

- **Repeat Seven Times:**

Good and upright is the Lord; therefore he instructs sinners in his ways.

-Psalm 25:8

◇ He guides the humble in what is right and teaches them his way. All the ways of the Lord are loving and faithful toward those who keep the demands of his covenant.

-Psalm 25:9-10

- **Repeat Seven Times:**

For he has rescued us...we have redemption, the forgiveness of sins.

-Colossians 1:13a; 14b

◇ “‘Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind’; and, ‘Love your neighbor as yourself.’”

-Luke 10:27

☼ *The Lord's Prayer*

✝ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all evermore. Amen.

Silence + Intercessions

Father, you have gathered us into the communion of your Church and sent us out to love our neighbors. Give us life and unity through your Spirit. Guide your Church in this place and around the world...

Jesus, your faithfulness enables us to remain faithful to you: Do not remember the sins of our youth. Keep us steady in faith and set our hearts to desire your Kingdom and learn your ways...

Holy Spirit, heal our wounded souls and misshaped desires. Show us your ways and teach us your paths. Free us from anxiety and lead us to trust you...

Lord, you rule over all earthly powers, yet are familiar with our poverty. Defend the weak and the fatherless; uphold the cause of the poor and the oppressed. Rescue the needy and support those who are going through trials. Help us to be willing to suffer for those in need.

For families and friends, for all who have asked for our prayers and who pray for us...

For our country and our region, for political and spiritual leaders, and that Christians may be witnesses to your life and unity...

Lord, show us how to take joy in the gifts your have given us. Show us how to use these gifts to create things which lead to life and participate in your love.

Fill us with knowledge of your will and the understanding that the Spirit gives, so that we may live a life worthy of the Lord: bearing fruit in every good work and giving thanks to the Father, who has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins.

Praise Father, Son, and Holy Spirit. Amen.