

Contemplative Prayer Form

(Sixth Week of Easter - Year C)



The Liturgy Letter

Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✝ = Cross ● = Invitatory bead ◊ = Cruciform bead • = Weeks bead).

Scripture Reading: John 14:23-29

Jesus replied, “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me. “All this I have spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you. Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. “You heard me say, ‘I am going away and I am coming back to you.’ If you loved me, you would be glad that I am going to the Father, for the Father is greater than I. I have told you now before it happens, so that when it does happen you will believe.

Scripture Prayer:

✝ Alleluia! Christ is risen! Come let us adore him.

● O God, pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire. Amen.

◊ “Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father...
-John 14:23-24

● **Repeat Seven Times:**

May the peoples praise you, God; may all the peoples praise you.
-Psalm 67:3

- ◇ Come now and see the works of God, how wonderful he is in his doing toward all people.
-Psalm 66:4

● **Repeat Seven Times:**

May the nations be glad and sing for joy, for you rule the peoples with equity.
-Psalm 67:4a

- ◇ Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.
-John 14:27

● **Repeat Seven Times:**

May God be gracious to us and bless us and make his face shine on us...
-Psalm 67:1

- ◇ A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another.
-John 13:34-35

● **Repeat Seven Times:**

May God bless us still, so that all the ends of the earth will fear him.
-Psalm 67:7

- ◇ The land yields its harvest; God, our God, blesses us.
-Psalm 67:6

✠ *The Lord's Prayer*

✠ Thanks be to God, who gives us the victory over death through Jesus our Lord. Amen.

Silence + Intercessions

O Christ, you sent the Holy Spirit upon your disciples: lead us by that same Spirit.

O Christ, you send us to proclaim your forgiveness: reveal your love to those around us.

O Christ, you promised that the Spirit would lead us into truth: breath on your church and rekindle our faith.

O Christ, you promised us the Spirit of peace: renew this world through your peace.

O Christ, you promised to send the Spirit of truth: enable us to know your love which is beyond our comprehension.

O Christ, you reign over the universe, we praise you for your undying faithfulness.

Risen Jesus, breathe your Holy Spirit upon us. You have the words that give life; to whom else would we go but to you, the Risen Lord? Praise Father, Son, and Holy Spirit. Amen.