

Morning Prayer

(Seventh Sunday after Epiphany- Year C)



The Liturgy Letter

O Lord, open our lips
and our mouth shall proclaim your praise.
Your light springs up for the righteous
and all the peoples have seen your glory.
The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Opening Scripture

Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.
-Matthew 11:28-30

Hymn - Blest are They | [Recording](#)

Blest are they, who seek peace;
They are the children of God.
Blest are they, who suffer in faith;
The glory of God is theirs.

Rejoice and be glad!
Blessed are you, holy are you.
Rejoice and be glad!
Yours is the kingdom of God.

Blest are they, who show mercy;
Mercy shall be theirs.
Blest are they, the pure of heart;
They shall see God.

Rejoice and be glad!
Blessed are you, holy are you.
Rejoice and be glad!
Yours is the kingdom of God.
Words and Music: David Haas, 1985.

Confession

Blessed are those whose ways are blameless, who walk according to the law of the Lord.
Blessed are those who keep his statutes and seek him with all their heart
-Psalm 119:1-2

Let us confess our sins to God.

Open my lips, O Lord,
and my mouth shall proclaim your praise.
Create in me a clean heart, O God,
and renew a right spirit within me.
Cast me not away from your presence
and take not your Holy Spirit from me.
Give me the joy of your saving help again
and sustain me with your bountiful Spirit.
-from Psalm 51

Silence

Happy are those whose transgression is forgiven, whose sin is covered. Happy are those to whom the LORD imputes no iniquity, and in whose spirit there is no deceit.
-from Psalm 32

Beloved of God,
God offers forgiveness to those who turn to Him in true repentance.
Therefore, trust in Christ, who breaks the bonds of our oppression, and covers us in mercy.
Trusting in God's covenant love, declare with me the good news of the Gospel:
In Jesus Christ we are forgiven!

Psalm 37:1-11, 39-40 (NIV)

Of David.

- 1 Do not fret because of those who are evil
or be envious of those who do wrong;
- 2 for like the grass they will soon wither,
like green plants they will soon die away.
- 3 Trust in the Lord and do good;
dwell in the land and enjoy safe pasture.
- 4 Take delight in the Lord,
and he will give you the desires of your heart.

5 Commit your way to the Lord;
trust in him and he will do this:
6 He will make your righteous reward shine like the dawn,
your vindication like the noonday sun.
7 Be still before the Lord
and wait patiently for him;
do not fret when people succeed in their ways,
when they carry out their wicked schemes.
8 Refrain from anger and turn from wrath;
do not fret—it leads only to evil.
9 For those who are evil will be destroyed,
but those who hope in the Lord will inherit the land.
10 A little while, and the wicked will be no more;
though you look for them, they will not be found.
11 But the meek will inherit the land
and enjoy peace and prosperity...

39 The salvation of the righteous comes from the Lord;
he is their stronghold in time of trouble.
40 The Lord helps them and delivers them;
he delivers them from the wicked and saves them,
because they take refuge in him.

Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning,
is now, and ever shall be, world without end, Amen.

Scripture Readings

[Genesis 45:3-11, 15](#)

[1 Corinthians 15:35-38, 42-50](#)

(Stand)

[Luke 6:27-38](#)

(A short silence is kept after the reading of the Gospel)

Confession of Faith - The Nicene Creed

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light, true
God from true God, begotten, not made,
of one Being with the Father.

Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin
Mary, and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried. On the third day he rose again in
accordance with the Scriptures; he ascended into heaven and is seated at
the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Intercessions (A time of spontaneous prayers and intercessions. Say “out loud” the names and situations that you would like to bring before God.)

- o We pray for the people of...(countries or regions)
- o We pray for our sisters and brothers...
(churches, believers in other Christian traditions, spiritual leaders)
- o We pray for friends, relatives, and neighbors
- o We pray for the day and its tasks, individuals in need, the world and its needs,
and for the Church and her life

Jesus, you are the Light of the World. Defend us, deliver us, and in your compassion protect us by your grace, through Jesus Christ, in whose name we are bold to pray:

The Lord's Prayer

**If praying with others, stand and hold hands. If praying individually, stand with hands open and outstretched in the [sign of the Orans](#).*

A Prayer for the Seventh Sunday after the Epiphany (Book of Common Prayer)

O Lord, you have taught us that without love whatever we do is worth nothing; Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Benediction (From Luke 2:29-32)

“Sovereign Lord, as you have promised,
you may now dismiss your servants in peace.
For our eyes have seen your salvation,
which you have prepared in the sight of all nations:
a light for revelation to the Gentiles,
and the glory of your people Israel.”

**Go forth in the light of Christ!
Let us bless our Lord. Thanks be to God!**

Hymn - Doxology (Old 100th)