

Contemplative Prayer Form

(23rd Sunday after Pentecost-Year B)



Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✚ = Cross ◉ = Invitatory bead ◊ = Cruciform bead ● = Weeks bead).

Scripture Reading: Mark 10:46-52 (NIV)

Then they came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (which means “son of Timaeus”), was sitting by the roadside begging. When he heard that it was Jesus of Nazareth, he began to shout, “Jesus, Son of David, have mercy on me!”

Many rebuked him and told him to be quiet, but he shouted all the more, “Son of David, have mercy on me!”

Jesus stopped and said, “Call him.”

So they called to the blind man, “Cheer up! On your feet! He’s calling you.” Throwing his cloak aside, he jumped to his feet and came to Jesus.

“What do you want me to do for you?” Jesus asked him.

The blind man said, “Rabbi, I want to see.”

“Go,” said Jesus, “your faith has healed you.” Immediately he received his sight and followed Jesus along the road.

Scripture Prayer:

✚ The earth is the Lord’s for he made it. Come, let us adore Him.

☼ Almighty God, increase in us the gifts of faith, hope, and love; and, that we may obtain what you promise, make us love what you command. Amen.

◇ When the Lord restored the fortunes of Zion, we were like those who dreamed. Our mouths were filled with laughter, our tongues with songs of joy.

-Psalm 126:1-2a

● **Repeat Seven Times:**

The Lord has done great things for us...

-Psalm 126:3a

◇ I will extol the Lord at all times; his praise will always be on my lips.

-Psalm 34:1

● **Repeat Seven Times:**

Those who sow with tears will reap with songs of joy.

-Psalm 126:5

◇ I sought the Lord, and he answered me; he delivered me from all my fears. Those who look to him are radiant; their faces are never covered with shame.

-Psalm 34:4-5

● **Repeat Seven Times:**

Taste and see that the Lord is good...

-Psalm 34:8a

◇ The righteous person may have many troubles, but the Lord delivers him from them all...

-Psalm 34:19

● **Repeat Seven Times:**

...no one who takes refuge in him will be condemned.

Psalm 34:22b

◇ Now there have been many of those priests, since death prevented them from continuing in office; but because Jesus lives forever, he has a permanent priesthood. Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them.

-Hebrew 7:23-25

☼ *The Lord's Prayer*

✝ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all evermore. Amen.

Silence + Intercessions