

Contemplative Prayer Form

(Sixth Sunday of Easter - Year B)



Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✙ = Cross ◉ = Invitatory bead ⬠ = Cruciform bead ● = Weeks bead).

Scripture Reading: John 15:9-17 (NIV)

As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father’s commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one’s life for one’s friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master’s business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. This is my command: Love each other.

Scripture Prayer:

- ✙ Alleluia! Christ is risen! Come, let us adore him.

- ◉ Almighty God, pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire. Amen.

- ⬠ O sing to the Lord a new song, for he has done marvelous things. His right hand and his holy arm have gotten him victory.
-Psalm 98:1

- **Repeat Seven Times:**

- The Lord has made known his victory.
-Psalm 98:2a

- ◇ ...he has revealed his vindication in the sight of the nations. He has remembered his steadfast love and faithfulness to the house of Israel.
-Psalm 96:2b-3a

● **Repeat Seven Times:**

All the ends of the earth have seen the victory of our God.
-Psalm 98:3b

- ◇ Make a joyful noise to the Lord, all the earth; break forth into joyous song and sing praises.
-Psalm 98:4

● **Repeat Seven Times:**

Sing praises to the Lord...
-Psalm 98:5a

- ◇ Let the sea roar, and all that fills it; the world and those who live in it. Let the floods clap their hands; let the hills sing together for joy at the presence of the Lord...
-Psalm 98:7-8

● **Repeat Seven Times:**

...for everyone born of God overcomes the world.
-1John 5:4a

- ◇ Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete.
-Psalm 15:9-10

✪ *The Lord's Prayer*

✚ Praise Father, Son, and Holy Spirit. Amen.

Silence + Intercessions