

Contemplative Prayer Form

(Fifth Sunday of Easter - Year B)



The Liturgy Letter

Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✙ = Cross ◉ = Invitatory bead ⬠ = Cruciform bead ● = Weeks bead).

Scripture Reading: John 15:1-8 (NIV)

“I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. You are already clean because of the word I have spoken to you. Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

“I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned. If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you. This is to my Father’s glory, that you bear much fruit, showing yourselves to be my disciples.

Scripture Prayer:

✙ Alleluia! Christ is risen! Come, let us adore him.

◉ Almighty God, grant that we may know Jesus as the way, the truth, and the life and follow in the way that leads to eternal life. Amen.

⬠ From you comes the theme of my praise in the great assembly; before those who fear you I will fulfill my vows. The poor will eat and be satisfied...

-Psalm 22:25-26a

- **Repeat Seven Times:**

...those who seek the Lord will praise him....
-Psalm 22:26b

- ◇ All the ends of the earth will remember and turn to the Lord, and all the families of the nations will bow down before him...
-Psalm 22:27

- **Repeat Seven Times:**

...dominion belongs to the Lord and he rules over the nations...
-Psalm 22:28

- ◇ Posterity will serve him; future generations will be told about the Lord. They will proclaim his righteousness, declaring to a people yet unborn...
-Psalm 22:30-31a

- **Repeat Seven Times:**

He has done it!
-Psalm 22:31b

- ◇ This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.
-1 John 4:10

- **Repeat Seven Times:**

We love because he first loved us.
-1 John 4:19

- ◇ Dear friends, since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God lives in us and his love is made complete in us.
-1 John 4:11

✿ *The Lord's Prayer*

✙ Praise Father, Son, and Holy Spirit. Amen.

Silence + Intercessions