

Morning Prayer

(Fifth Sunday of Epiphany - Year B)



The Liturgy Letter

O Lord, open our lips
and our mouth shall proclaim your praise.
Your light springs up for the nations
and all the peoples have seen your glory.
The night has passed, and the day lies open before us;
let us pray with one heart and mind.

Opening Scripture

Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.
-Matthew 11:28-30

Hymn - Hallelujah, Praise Jehovah (Tune: Come Thou Fount)

Hallelujah, praise Jehovah, from the heavens praise his name;
praise Jehovah in the highest, all his angels, praise proclaim.
All his hosts, together praise him, sun and moon and stars on high;
praise him, O you heav'ns of heavens, and you floods above the sky.

Let them praises give Jehovah, they were made at his command;
them forever he established, his decree shall ever stand.
From the earth, O praise Jehovah, all you seas, you creatures all,
fire and hail and snow and vapors, stormy winds that hear his call.

All you fruitful trees and cedars, all you hills and mountains high,
creeping things and beasts and cattle, birds that in the heavens fly,
kings of earth, and all you people, princes great, earth's judges all;
praise his name, young men and women, aged men and children small.

Confession

Let us confess our sins to God.

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name.
Amen.

Silence

Lord, open our lips.
And our mouth shall proclaim your praise.
Hear our voice O Lord, according to your faithful love:
He has heard our voice and is faithful and just to cleanse us from all unrighteousness.
Amen.

Canticle for Epiphany (The Song of Zechariah, Luke 1:68-79)

REFRAIN (Congregation)

The Lord is kind and merciful, the Lord is kind and merciful.

Blessed be the Lord the God of Israel, who has come to his people and set them free.
He has raised up for us a mighty Savior, born of the house of his servant David.

Refrain: The Lord is kind and merciful, the Lord is kind and merciful

Through his holy prophets God promised of old to save us from our enemies,
from the hands of all that hate us,
**To show mercy to our ancestors,
and to remember his holy covenant.**
This was the oath God swore to our father Abraham:
to set us free from the hands of our enemies,
Free to worship him without fear, holy and righteous in his sight all the days of our life.
And you, child, shall be called the prophet of the Most High,
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation by the forgiveness of all their sins.

Refrain: The Lord is kind and merciful, the Lord is kind and merciful

In the tender compassion of our God the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Refrain: The Lord is kind and merciful, the Lord is kind and merciful

Psalm of the Week

Psalm 147:1-11 (NIV)

1 Praise the Lord.

How good it is to sing praises to our God,
how pleasant and fitting to praise him!

2 The Lord builds up Jerusalem;
he gathers the exiles of Israel.

3 He heals the brokenhearted
and binds up their wounds.

4 He determines the number of the stars
and calls them each by name.

5 Great is our Lord and mighty in power;
his understanding has no limit.

6 The Lord sustains the humble
but casts the wicked to the ground.

7 Sing to the Lord with grateful praise;
make music to our God on the harp.

8 He covers the sky with clouds;
he supplies the earth with rain

and makes grass grow on the hills.
9 He provides food for the cattle
and for the young ravens when they call.
10 His pleasure is not in the strength of the horse,
nor his delight in the legs of the warrior;
11 the Lord delights in those who fear him,
who put their hope in his unfailing love.

Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning,
is now, and ever shall be, world without end, Amen.

Scripture Readings

[Isaiah 40:21-31](#)

[1 Corinthians 9:16-23](#)

(Stand)

[Mark 1:29-39](#)

(A short silence is kept after the reading of the Gospel)

Confession of Faith - The Apostles Creed

I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Intercessions

We pray for the people of...(countries or regions)

We pray for our sisters and brothers... (churches and other believers, our spiritual leaders)

We pray for friends, relatives, and neighbors...

We pray for the day and its tasks, individuals in need, the world and its needs, and for the Church and her life...

To God be all honor and glory, dominion and power, now and forever, through Jesus Christ our Lord, in whose name we are bold to pray:

The Lord's Prayer

**If praying with others, stand and hold hands. If praying individually, stand with hands open and outstretched in the [sign of the Orans](#).*

A Prayer for the Fifth Week after Epiphany (from The Book of Common Prayer)

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

Benediction (From Luke 2:29-32)

“Sovereign Lord, as you have promised,
you may now dismiss your servants in peace.
For our eyes have seen your salvation,
which you have prepared in the sight of all nations:
a light for revelation to the Gentiles,
and the glory of your people Israel.”

Go forth in the light of Christ!
Let us bless our Lord. Thanks be to God!

Hymn - [Jesus, the Light of the World](#) | [Leadsheet](#)

*We'll walk in the light, beautiful light,
come where the dewdrops of mercy are bright.
Shine all around us by day and by night;
Jesus, the light of the world.*