

Contemplative Prayer Form

(Second Sunday after Pentecost - Year A)



The Liturgy Letter

Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✝ = Cross ◉ = Invitatory bead ⚡ = Cruciform bead ● = Weeks bead).

Scripture Reading:

Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness. When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, “The harvest is plentiful but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.”

Jesus called his twelve disciples to him and gave them authority to drive out impure spirits and to heal every disease and sickness...

These are the names of the twelve apostles: first, Simon (who is called Peter) and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax collector; James son of Alphaeus, and Thaddaeus; Simon the Zealot and Judas Iscariot, who betrayed him.

These twelve Jesus sent out with the following instructions: “Do not go among the Gentiles or enter any town of the Samaritans. Go rather to the lost sheep of Israel. As you go, proclaim this message: ‘The kingdom of heaven has come near.’ Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give.

-Matthew 9:35 -10:8 (NIV)

Scripture Prayer:

✝ Worship the Lord in the beauty of holiness. Come, let us adore him.

☼ O Lord, keep us in your steadfast faith and love, that we may proclaim your truth with boldness, and minister your justice with compassion. Amen.

◇ What shall I return to the Lord for all his goodness to me?
-Psalm 116:12

● **Repeat Seven Times:**

I will lift up the cup of salvation and call on the name of the Lord.
-Psalm 116:13

◇ I will fulfill my vows to the Lord in the presence of all his people.
-Psalm 116:14

● **Repeat Seven Times:**

Precious in the sight of the Lord is the death of his faithful servants.
-Psalm 116:15

◇ Truly I am your servant, Lord ... you have freed me from my chains.
-Psalm 116:16

● **Repeat Seven Times:**

I will...call on the name of the Lord.
-Psalm 116:17

◇ I will fulfill my vows to the Lord in the presence of all his people, in the courts of the house of the Lord—in your midst, Jerusalem.
-Psalm 116:18-19a

● **Repeat Seven Times:**

Praise the Lord.
-Psalm 116:19b

◇ Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God. Not only so, but we also glory in our sufferings ...
-Romans 5:1-3a

☼ *The Lord's Prayer*

✝ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all evermore. Amen.

Silence
Intercessions

***Pause in between these sentences for silence or specific intercessions**

Lord of the harvest, gather all creation into your care ...

Come, Holy Spirit, send us out to serve you ...

Help us to freely give, as we have freely received ...

Guide your Church in this place and around the world. Send out workers into the harvest field

Holy Father, gently support those who find themselves as sheep among wolves ...

For the sick, hurting, oppressed, and lonely ...

For families and friends, for all who have asked for our prayers and who pray for us ...

For our country, our region (village, town...), that the Christians here may witness to your life and the unity ...

Praise Father, Son, and Holy Spirit. Amen.