

## Contemplative Prayer Form

(Sixth Sunday of Easter - Year A)



The Liturgy Letter

*Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (✚ = Cross ◉ = Invitatory bead ⬠ = Cruciform bead ● = Weeks bead).*

### Scripture Reading:

“If you love me, keep my commands. And I will ask the Father, and he will give you another advocate to help you and be with you forever— the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. I will not leave you as orphans; I will come to you. Before long, the world will not see me anymore, but you will see me. Because I live, you also will live. On that day you will realize that I am in my Father, and you are in me, and I am in you. Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them.”  
-John 14:15-21 (NIV)

### Scripture Prayer:

✚ Alleluia! Christ is risen. The Lord is risen indeed. Alleluia!

◉ O God, pour into our hearts such love toward you that we, loving you above all things, may obtain your promises, which exceed all that we can desire. Amen.

⬠ Praise our God, all peoples, let the sound of his praise be heard...

-Psalm 66:8

#### ● Repeat Seven Times:

... he has preserved our lives and kept our feet from slipping.

-Psalm 66:9

◇ For you, God, tested us; you refined us like silver. You brought us into prison and laid burdens on our backs. You let people ride over our heads; we went through fire and water,  
-Psalm 66:10-12a

● **Repeat Seven Times:**

... but you brought us to a place of abundance.  
-Psalm 66:12b

◇ I cried out to him with my mouth; his praise was on my tongue. If I had cherished sin in my heart, the Lord would not have listened...  
-Psalm 66:17-18

● **Repeat Seven Times:**

... but God has surely listened and has heard my prayer.  
-Psalm 66:19

◇ “The God who made the world and everything in it is the Lord of heaven and earth and does not live in temples built by human hands ... he is not far from any one of us. ‘For in him we live and move and have our being.’  
-Acts 17:24, 28a

● **Repeat Seven Times:**

Praise be to God, who has not...withheld his love from me  
-Psalm 66:20

◇ For Christ also suffered once for sins, the righteous for the unrighteous, to bring you to God. He was put to death in the body but made alive in the Spirit.  
-1 Peter 3:18

✿ *The Lord's Prayer*

✝ Thanks be to God, who gives us the victory over death through Jesus Christ our Lord.  
Amen.

**Silence**

**Intercessions**

**\*Pause in between these sentences for silence or specific intercessions**

Risen Lord, gather all the nations into your care and come again quickly to guide your people in the ways of truth and righteousness.

Aid us in our sufferings, make us eager to do good in spite of all that hinders us...

Come, Holy Spirit, guide us into truth and baptize our misshaped desires...

Free us from anxiety and self righteousness...

Guide your Church in this place and around the world...

We pray for the leaders of the nations...

Loving Father, gently support those who are going through trials...

For the oppressed and lonely...

For families and friends, for all who have asked for our prayers and who pray for us...

For our country, our region (village, town...), that the Christians there may be witnesses to your life and the unity brought by your Spirit...

Praise Father, Son, and Holy Spirit. Amen.